

Protect yourself and others! Follow these Do's and Don'ts



Wash hands with soap and water frequently.



Use an alcohol-based hand sanitizer.



Always use a face mask.



Avoid touching your eyes, nose, ears, and mouth.



Maintain safe distance of at least 2 metres from others.



Avoid close contact with anyone with cold, cough, fever or flu like symptoms.



Dispose of the used tissue in a closed bin.



If you have cough, fever or difficulty in breathing, report to HR mmediately.



